

2019

Mackellar Newsletter

Weekly Newsletter — May 10, 2019 — Issue 10

Mackellar Primary School

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Principal's Message

Dear Mackellar Families,

Happy Mother's Day / Special Person's Day

Our Mother's Day / Special Person's Day Stall has been a huge success, once again. Sincere thanks to our Canteen Manager, Bianca Meaney, and volunteers Melissa Blomeley and Natalie Lane for devoting their time and energy to setting up the stall and making the experience special for our students. It's very heart-warming to see the children beaming with pride as they carry their gifts back to class, not realising of course, that they are actually the real gifts to their loved ones and the world. Our pre-ordering system seems to be the most effective way to prepare for and run the stall. Best wishes for a wonderful Mother's Day / Special Person's Day on Sunday.

School Photographs

Mackellar's School Photographs finally arrived this week and orders were distributed to students on Tuesday. MSP Photography Management expressed apologies for the delayed delivery this year, due to unforeseen circumstances in the processing of the photographs.

Athletics Carnival

Our Health and Physical Education specialist, Dash, is eagerly preparing the Grades 3 to 6 Athletics Carnival for Wednesday 22nd May. The Athletics Carnival is an opportunity for students to demonstrate their developing and/or newly learnt skills. A House system is used to create cross-aged teams. Although prizes are awarded for winning places, the focus is more about learning and demonstrating healthy attitudes towards not only Competition Sport, but fundamental skills and values such as perseverance, effort, team work, inclusiveness, respect, resilience, acceptance and empathy. We are all excited about the Athletics Carnival. There will be a teacher race again this year, which is always an entertaining event!

Parents, guardians and grandparents are all welcome to make your own way to the venue. There is usually plenty of parking space available.

Venue: Keilor Park Synthetic Athletics Track – Basketball Stadium Drive, Keilor Park

Date: Wednesday 22nd May

Cost for students: \$16 (A note has been distributed recently).



Upcoming Events

May

- May 13, 14, & 15
NAPLAN Gr 3 & Gr 5

- Wed May 22
Grade 3-6 Athletics Carnival

June

- Mon June 10
Queens Birthday (Public Holiday)

- Wed June 12
Gr 6 Lygon St Excursion

2019 School Terms

- Term 1 - Jan 30 to April 5
- Term 2 - April 23 to Jun 28
- Term 3 - July 15 to Sept 20
- Term 4 - Oct 7 to Dec 18

2020 School Terms

- Term 1 - Jan 29 to March 27
- Term 2 - April 14 to Jun 26
- Term 3 - July 13 to Sept 18
- Term 4 - Oct 5 to Dec 16

2019 Peer Mediators

Last Friday marked the initial training session for Mackellar's 2019 Peer Mediators. Thirty-eight enthusiastic students gathered to learn the first rules of mediation. It is extremely inspiring to hear students talk about wanting to lead by caring and helping others. Peer Mediation is a process that enables students to develop conflict resolution skills. Mediators deal with minor conflicts during lunchtime by following a specific process that leads to a solution, however the process must begin with an agreement from both students involved in the conflict. Peer mediators also assist students in the playground in the way of helping them to seek support from a teacher, leading them to the Friendship Tree, or an activity that interests them.

Peer Mediation sits within the implementation of Wellbeing and anti-bullying programs, as well as school policies which support a safe and supportive school environment. We are immensely proud of the following students for volunteering to take on such an important leadership role in our school community.

Grade 5G	Grade 5W	Grade 6P	Grade 6A	Grade 6S
Hannah Charity Tiara Sophia Jonathon Dennis Nabeel Bailey	Sandra Sanderson Vanessa Izzy Helena Dylan Cooper Faizan Kaiden	Vivian Violet Foni Rohan Desiree Noah Monson	Dilan Dorothy Carol Tyrese Aleyah Alyce Ceara	Isabella Marykaylen Syed Kiara Shenae Awon



Students will be presented with a certificate and badge at assembly this term. Our **Student Helpers Program** is also commencing this term, which we provide more information about as the students learn about their new role and responsibilities.

Grade 6 Peer Mediators, Isabella and Kiara are looking forward to helping others in the playground.

IMPORTANT MESSAGE – Confirmed case of Chicken Pox

This week, there was a reported confirmed case of Chicken Pox. If you suspect your child has Chicken Pox you will need take them to see a doctor. Students with Chicken Pox must not come to school until they are fully recovered; or for at least five days after the chicken pox first appears.

Chicken pox is a highly contagious virus characterised by a red, itchy rash. The virus that causes chicken pox is the same virus that causes shingles in adults. Chicken pox is most common in children from two to ten years old. For most children, chicken pox is a mild illness, but there's no way to know which children will have a mild form of the illness and which children will have a severe case.

What causes chicken pox?

Chicken pox is caused by the varicella virus or varicella zoster virus. Chicken pox is highly contagious and is spread easily through coughing and sneezing in the early stages and through contact with the fluid from the broken blisters of the rash in the later stages of the illness.

Is chicken pox serious?

Chicken pox is not serious for most children. However, some children who get chicken pox can develop **pneumonia**, **encephalitis**, or a bacterial infection of the skin. Adults who have had chicken pox as children can experience a painful reactivation of the virus called shingles.

Can I prevent chicken pox?

It's sometimes hard to know when your child has been exposed to chickenpox because other children are contagious before the rash develops. Chickenpox can be prevented through a childhood **vaccination** given when your child is about 18 months. Anyone who does not have immunity to the virus due to prior exposure should be vaccinated. Avoid other children who have chickenpox if your child has not been vaccinated

How do I know if my child has chicken pox?

It can take up to three weeks after exposure for your child to show symptoms of chicken pox. Initial symptoms include a **fever**, runny nose, and a general feeling of being unwell. Three to four days after the first symptoms appear, your child will start to develop a rash. The rash usually starts on the torso and may spread across his entire body. While some children get just a few spots, others are covered from head to toe, including particularly tender places like the bottom, eyes, scalp and mouth.

How do I treat chicken pox?

Children react in a variety of ways to chickenpox. Some children seem unaffected by the illness, but others are completely miserable until the itchy rash goes away. There's not much you can do but keep your child as comfortable as possible until the illness has run its course. Try putting Calomine lotion on the spots to ease itching, or give your child oatmeal or baking soda baths. Use paracetamol for **fever**. Keep your child from scratching to avoid scarring. You can put mittens on very young children to avoid scratching.

Your child will be contagious for about two days before spots appear and about a week after they appear as long as they are scabbed over. So, keep him away from other children or anyone who has not had chickenpox or been vaccinated during that time.

Should I call the doctor?

Call your child's doctor right away if they have a very high fever, trouble breathing, are vomiting a lot, or appear lethargic.

What you need to know about chicken pox

- Chicken pox is a viral illness characterized by a red, itchy rash. Most cases of chicken pox clear up completely without special treatment.
- Because chicken pox is highly contagious, keep your child away from others for three to four days after all his spots have scabbed over.
- A chicken pox **vaccine** is available for children at 18 months, or the first year of high school (if not previously vaccinated).

Kind Regards,

Tanya Lindsay-Clark

Student Wellbeing

Congratulations

Students of the Week



Tuong-Vy, Cooper, Julio, Abby
Molly, Sila, Angelica, Aaryan, Mia, Mihailo, Timmy
Karlo, Charlie, Zamaima, Aya, Aarav, Jennissa, Isabelle and Summer

Attendance Awards



Term 2 Week 2
Grade 5G

Attendance Awards Term 2, 2019

Week 1	 6A & 6P
Week 2	 Gr 5G
Week 3	
Week 4	
Week 5	
Week 6	
Week 7	
Week 8	
Week 9	
Week 10	

XUNO

XUNO App

The NEW XUNO App 2.0.1 now available on the App Store for iPhones and iPads.

In this new version Parents will have a heap of XUNO functionality at your fingertips.

The Android version is in final testing and will be available on Google Play shortly.

To access the app— Download from the App store

Use the school code
The School code is 1sd5e4

Input your username and password



Woolworths Earn & Learn is back and it is now easier than ever to earn valuable resources for your local primary school, secondary school or Early Learning Centre. Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It's simple to participate. From Wednesday May 1 to Tuesday June 25 2019, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There'll be one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box.



What's Happening at Mackellar

Grade 3– 6 Athletics Carnival Wednesday May 22

Keilor Park Synthetic Athletics Track
Keilor Basketball Stadium, Stadium Drive Keilor Park

As part of the school curriculum athletics' program we have organised a Grade 3 – 6 House sports day at the Keilor Park Synthetic Athletics Track on Wednesday May 22. We believe that this gives all children the experience of running and participating on a 'real' athletic track, which will be the case if they make the school team.

Children will participate in the school house colours of Red, Yellow, Blue or Green.

Children must wear runners and clothing suitable to allow them to compete. The bus will leave Mackellar shortly after 9.00am and will return by 3.30pm. **It is therefore essential that children arrive at school on time.**

Parental assistance is required on the day to assist teachers with the pre-event marshalling, recording and finish line marshalling of students. As this will be a whole day curriculum event children will need to bring their snack, lunch and ample drinks to get them through the day.

Cost \$16.00

Gr 6 Lygon Street Carlton and CO.AS.IT Museo Italiano Faraday Street Carlton

Wednesday June 12, 2019

The Grade 6 students will experience the culture and ambience of Melbourne's little Italy.

The students will visit the 'Museo Italiano' where the staff will share stories of Italian migrants and their contribution to Lygon Street.

Students converse and purchase food or items using the Italian taught language throughout the day.

Students can bring up to \$30.00 to purchase items or food. Please ensure your child has comfortable shoes, small bag, school uniform, snack, water bottle, lunch (if not purchasing from Lygon Street) and iPads.

Cost: \$20.00

Any Parents/Guardians with "Working with Children Check" who would like to assist on the day please see the Italian Teacher.

2019 Grades 5/6 Canberra Camp- "Capital Country Holiday Park". Monday 2 September to Friday 6 September

The camp is a tremendous experience for students to engage with their peers and teachers to develop individual personal responsibilities and confidence. The camp also aims to provide opportunities for self-discovery and teamwork through facilitation of unique camping experiences.

The camp will cost approximately **\$650** for the 5-day experience. The cost includes accommodation, activities, camp instructors and bus travel. As prices in petrol, food, wages, have risen, so have the cost of camps and buses. Taking these cost rises into consideration, we have compared prices for a number of camps and made the decision that for maximum benefit and value for money.

Final Payment is due Friday August 16, 2019

Payments for the camp can be made anytime during school hours.

There are still vacancies for students interested in going to the 5/6 Canberra Camp.

Grades 3 & 4 Camp PGL Campaspe Downs

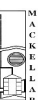
Tuesday September 17 to Thursday 19, 2019

PGL Camps aim to provide unique camping experiences in the great outdoors that inspires all people to be healthier, happier and more connected to their community. Learning Experiences at PGL Campaspe Downs aim to build resilience, reinforce a positive outlook, develop new physical activity skills, set goals, make healthy choices, develop independence and provide leadership opportunities. PGL Campaspe Downs also encourages students to solve problems in a team setting while appreciating the natural world around them.

This year's camp will cost **\$295** for the 3-day experience. The cost includes accommodation, activities, camp instructors and bus travel. As prices in petrol, food, wages, have risen, so have the cost of camps and buses. Taking these cost rises into consideration, we have compared prices for a number of camps and made the decision that for maximum benefit and value for money, the camp at Campaspe Downs is the best option.

A **non-refundable deposit of \$60** is payable by **Friday 7th June** to secure your child a place on the camp. A payment plan will commence thereafter so that the financial demands will not be too taxing for families.

Final payment is due no later than Friday 30th August



2019

MACKELLAR PRIMARY SCHOOL CANTEN MENU

Please ensure all lunch orders are placed in class boxes by 9.30am
All lunch orders are to be in bags suitable to hold food and drinks otherwise 10c will be charged per bag
Please use correct change or as close to correct change as possible, as large amounts of change may not be given until it is available.

MONDAY SPECIAL

BAKED

POTATOES

\$5.00

Baked Potatoes include

grated cheese and sour cream

ONLY AVAILABLE MONDAYS

SANDWICHES AND ROLLS

(white and wholegrain available)

Vegemite	\$3.20	Cheese	\$3.70
Egg	\$4.20	Egg and Lettuce	\$4.70
Chicken	\$4.50	Chicken and Cheese	\$4.80
Ham	\$4.50	Ham and Cheese	\$4.80
Salad	\$5.00	Salad – add meat	\$5.50
(lettuce, tomato, cucumber, beetroot, carrot, cheese)			

any extras add 50c each

Roll add \$1.00

HOT FOOD – add sauce 50c each

Large Pie	\$4.50
Large Sausage roll	\$4.30
Party Pies	\$1.50 each
Party Sausage Rolls	\$1.50 each
Hot Dog in Roll	\$4.00
Chicken Nuggets	\$0.80c each
Dim Sims	\$1.00 each
Cup Noodles	\$3.00
(chicken, beef, oriental)	
Crumbed Chicken Tenders	\$2.50 each
Plain Hamburger	\$5.50 add cheese \$6.00
Grilled Chicken	\$5.50 add cheese \$6.00
Chicken Tender Roll	\$5.50 add cheese \$6.00

SALAD TUBS

Garden Salad	\$5.00
(lettuce, tomato, cucumber, carrot)	
add cheese	\$5.50
add ham or chicken	\$6.00

TOASTED SANDWICHES

Ham	\$4.50
Cheese	\$4.50
Ham and Cheese	\$4.80
Cheese and Tomato	\$4.80
Ham, cheese and tomato	\$5.00

HEALTHY HOT FOOD

Plain Pasta	\$2.50 add cheese	\$3.00
Napoleetana Pasta	\$3.00 add cheese	\$3.50
Beef Lasagne		\$5.00
Macaroni Cheese		\$5.00
Pizza Slice	\$4.50 (hawaiian or margarita)	

WINTER ONLY –

chicken noodle soup	\$1.00
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DRINKS

Nippys Choc or Strawberry Milk	\$3.00
Orange juice	\$2.50
Water	\$2.00

THURSDAY SPECIAL

CHICKEN BURRITO

\$5.00

Burritos contain chicken, capsicum, spices, grated cheese and sour cream

ONLY AVAILABLE THURSDAYS