# 2019

# **Mackellar Newsletter**

# Weekly Newsletter —June 14, 2019 — Issue 16



# **Principal's Message**

### Dear Mackellar Families,

#### Final Day Term 2 Friday June 28

#### Our final day of Term 2 is Friday June 28. There will an early dismissal at 2.30pm.

Parents are advised to make arrangements to have children collected from school on time at 2:30pm. The school grounds will be supervised until 2:45pm, then the school will be closed for the school holidays. All students who have not been collected from school by 2:45pm will be placed in the After School Program for their care and supervision. Costs incurred will be the responsibility of parents. After School Care will be available from 2:30 pm until 6.30pm. Bookings can be made by contacting the Out of School Care program coordinator, Wendy Feeley, on 0447 302 473.

The Vacation Care program commences on Monday July 1 2019, and will be available each day up to and including Friday July 12 2019. The Vacation Care program is available from 6.30am to 6.30pm daily Monday to Friday for the two weeks of the term holidays. School will recommence for Term 3 at 9.00am on Monday July 15, 2019.

#### Bravo! - From Goldsmith Avenue to Lygon Street

Mackellar's Grade 6 students were highly praised for their social skills and grasp of the Italian language by community members of Carlton today, which is not surprising but definitely worth sharing. The annual Italian excursion was a rich, cultural experience and an authentic opportunity for our students to communicate in the language that they have been acquiring for six and a half years.

Despite a rainy forecast, the journey to Lygon Street on a double-decker bus marked an exciting start to the day. Our first stop at the Italian Museum provided historical stories about many brave migrants who arrived in Melbourne in the 1850s, and earlier, ready to embrace new adventures and generously share their gifts and culture. From lifestyle, fashion, music and home appliances to food and beverages, our students were captivated by the exhibition.

The challenge of the day may have been deciding which flavour Gelato or culinary delight to choose, however beaming smiles and laughter best describes the vibe during Morning Tea at Brunetti, followed by a brief walk through Carlton to a 'student's choice' restaurant. Restauranteurs couldn't have been more welcoming with their offers of unlimited pizzas and soft drinks for only \$12 per student!

On behalf of our Grade 6 staff and students, I wish to extend a sincere 'grazie' to Renata Cugliari for planning yet another wonderful, celebratory experience for our students. Grazie also to our parents who attended the excursion. As always, your presence was greatly appreciated!

Gelato in Winter.... YES!









#### <u>Upcoming Events</u> June

• June 11 to 18 Teeth On Wheels

• Fri Jun 21 Gr 2 Werribee Zoo Excursion

• Fri Jun 28 Last Day Term 2 School Dismissed at 2.30pm

### <u>September</u>

• Sept 2 to 6 Gr 5 & 6 Camp

• Sept 17 to 19 Gr 3 & 4 Camp

# 2019 School Terms

- Term 1 Jan 30 to April 5
- Term 2 April 23 to Jun 28
- Term 3 July 15 to Sept 20
- Term 4 Oct 7 to Dec 18

# 2020 School Terms

- Term 1 Jan 29 to March 27
- Term 2 April 14 to Jun 26
- Term 3 July 13 to Sept 18
- Term 4 Oct 5 to Dec 16

#### Zoo Excursion

Mackellar's Grade 1 students headed to the Melbourne Zoo this week as part of their Inquiry Unit. Teachers and students thoroughly enjoyed exploring various interactive exhibits and amazing enclosures.

Here are some comments from some of our Grade 1 students:

Alannah – My favourite time was seeing the hippopotamus swimming up and down its habitat. Sophie – My favourite animal was the elephants. Jacob D – I really liked the giraffes. They have tall necks to reach the high trees.

Nikolay – The alligators were huge and amazing. I saw some baby alligators.

**Wuhbet** – I loved the reptiles, especially the Boa Constrictor. I patted it.

**Dakotah** – I liked the butterflies at the Butterfly House. They were so colourful.

Delio - My favourite was the Spider Monkey because they could swing from the branches.

#### Screen Time for Your Child – 7 Tips by eSafety

There is a lot of conflicting advice and emerging research around screen time, but, the right amount of screen time can depend on a range of factors like your child's age and maturity, the

kind of content they are consuming, their learning needs and your family routine. It can be easy to focus only on the clock and how long your child is spending in front of the screen, but the quality and nature of what they are doing online, and your involvement are just as important.

#### Consider your child's screen use in the context of their overall health and wellbeing.

Is online time getting in the way of their sleep and exercise?

Is it impacting on their face-to-face connections with family and friends?

The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.

#### Be involved

Sharing screen time and online activities like gaming with your child helps you gauge the appropriateness of what they are doing and manage potential risks. It's also a great way to start conversations with your child about their online experiences.

#### 2. Work with your child to set boundaries for screen use

If you decide that setting screen time limits is right for you and your child, discuss these new rules with your child. Older children are more likely to cooperate if they have been part of the decision- making process. Colourful pictures or charts of daily limits and other important activities is a fun way to get younger children on board.

#### 3. Be clear about the consequences of not switching off

Part of our role as parents is to set clear limitations and boundaries. The same applies to technology limitations so, being clear and consistent about the consequences for your child if they do not stick to these rules is paramount. The Raising Children Network provides some useful tools and advice.

#### 4. Set device-free zones and times at home

Device-free zones can help you manage your family's digital use. Here are some ideas for setting digital boundaries within your home:

- no devices in the bedroom for younger children
- all screens off in bedrooms after a certain time for older children
- all screens off at least one hour before planned bedtime
- all family members switch off at dinner time

charge devices overnight in a place your child cannot access

#### 5. Ask your child to explain their screen use

Get your child in the habit of explaining why they want to be in front of a screen or online. It's a great way to get them thinking about their own digital habits and balancing screen time with other activities.

#### 6. Use tech tools to help manage access

There are robust products and device functions which allow you to see which apps are being used in your home and for how long. But try not to use these tools to secretly monitor your child. Instead, be open about the process and check the whole family's usage, including your own. Start with Google Family Link for Android devices or parental controls and Screen Time for iPhone/ iPad.

#### 7. Lead by example

Your behaviour is one of the most effective ways to help your child develop a positive digital mindset. Show your child you can put down your device too.

Tips by eSafety. For more information, I highly recommend accessing the following link: <u>https://www.esafety.gov.au/</u> parents/skills-advice/are-they-old-enough

Stay warm everyone!

Kind Regards, Tanya Lindsay-Clark





Attendance Awards		
Term 2, 2019		
Week 1	© 6A & 6P	
Week 2	Gr 5G	
Week 3	Gr 5G	
Week 4	Gr 5G Gr 4G	
Week 5	Gr 3I	
Week 6	SW 5W	
Week 7	<b>?</b> 3M	
Week 8		
Week 9		
Week 10		

## Attendance Awards

Term 2 Week

**Attendance Awards** 

# What's Happening at Mackellar

# Gr 5 & 6 Interschool Sport Friday June 14 to Friday September 6

During **Term 2 & 3 Grade 5 & 6 student** will be involved in Inter-school sport.

Matches will be played every Friday morning from 9.30am until 11.00am.

Interschool sports will actively promote school sport for all Victorian school students as a means of developing their students' health and wellbeing.

#### It will do this by:

- ⇒ providing strategic leadership for Victorian School Sport;
- ⇒ providing regular sporting competition that embraces an educational approach in developing students' appreciation and carriage of respected community values;
- ⇒ maximising participation opportunities for all school students in competition that is commensurate with their age and ability;
- ⇒ promoting school and community partnerships through sport.

#### Cost: \$15.00

#### 2019 Grades 3 & 4 Camp PGL Campaspe Downs Tuesday September 17 to Thursday 19, 2019

PGL Camps aim to provide unique camping experiences in the great outdoors that inspires all people to be healthier, happier and more connected to their community. Learning Experiences at PGL Campaspe Downs aim to build resilience, reinforce a positive outlook, develop new physical activity skills, set goals, make healthy choices, develop independence and provide leadership opportunities. PGL Campaspe Downs also encourages students to solve problems in a team setting while appreciating the natural world around them.

This year's camp will cost **\$295** for the 3-day experience. The cost includes accommodation, activities, camp instructors and bus travel. As prices in petrol, food, wages, have risen, so have the cost of camps and buses. Taking these cost rises into consideration, we have compared prices for a number of camps and made the decision that for maximum benefit and value for money, the camp at Campaspe Downs is the best option.

A **non-refundable deposit** of <u>\$60</u> is payable by **Friday 28**<sup>th</sup> **June** to secure your child a place on the camp. A payment plan will commence there after so that the financial demands will not be too taxing for families.

Final payment is due no later than Friday 30th August

# Grade 2 Werribee Zoo Excursion Friday June 21, 2019

As part of our Inquiry Learning topic 'Our World' the Grade 2 students will be attending Werribee Open Range Zoo.

Throughout the day, students will be taking part in the educational program 'Habitat Heroes' and travelling on the Safari Bus around the zoo to see the animals in their natural habitats.

Students are required to wear their full school uniform on the excursion. Please ensure your child is dressed appropriately according to the weather.

Students need to bring their snack, lunch and drinks in their school bag or small back pack.

Students are not required to bring any money on the day.

Cost: \$30.00

#### 2019 Grades 5/6 Canberra Camp- "Capital Country Holiday Park". Monday 2 September to Friday 6 September

The camp is a tremendous experience for students to engage with their peers and teachers to develop individual personal responsibilities and confidence. The camp also aims to provide opportunities for self-discovery and teamwork through facilitation of unique camping experiences.

The camp will cost approximately <u>\$650</u> for the 5-day experience. The cost includes accommodation, activities, camp Instructors and bus travel. As prices in petrol, food, wages, have risen, so have the cost of camps and buses. Taking these cost rises into consideration, we have compared prices for a number of camps and made the decision that for maximum benefit and value for money.

#### Final Payment is due Friday August 16, 2019

Payments for the camp can be made anytime during school hours. There are still vacancies for students interested in going to the 5/6 Canberra Camp.

	ss, grated	\$3.00 \$5.00 \$5.00 \$5.00 \$5.00 \$2.50 \$2.00 \$2.00
en \$5.00	Burritos contain chicken, capsicum, spices, grated cheese and sour cream ONLY AVAILABLE THURSDAYS	HEALTHY HOT FOOD Plain Pasta \$2.50 add cheese Napoletana Pasta \$3.00 add cheese Beef Lasagne Macaroni Cheese Pizza Slice \$4.50 (hawaiian or margarita) Pizza Slice \$4.50 (hawaiian or margarita) chicken noodle soup chicken noodle soup
MENU ged per bag may not be giv	\$3.70 \$4.70 \$4.80 \$5.50	
Bandbalt Bandbalt   Bandb	SANDWICHES AND ROLLS   (white and wholegrain available)   (white and wholegrain available)   Vegemite \$3.20 Cheese   Egg \$4.20 Egg and Lettuce   Chicken \$4.50 Chicken and Cheese   Ham \$4.50 Chicken and Cheese   Salad \$5.00 Salad - add meat	any extras add 50c each Roll add \$1.00 any extras add 50c each Roll add \$1.00 SALAD TUBS Garden Salad \$5.00 (lettuce, tomato, cucumber, carrot) add cheese \$5.50 add cheese \$5.50 add ham or chicken \$6.00 Add ham or chicken \$6.00 Add man or chicken \$4.50 Cheese and Tomato \$4.80 Ham, cheese and tomato \$5.00
All lunch or Please use corre		\$4.50 \$4.50 \$1.50 each \$1.50 each \$1.00 each \$3.00 \$3.00 \$2.50 each \$2.50 each \$2.50 each \$2.50 each \$2.50 each
A CONDAY SPECIAL MONDAY SPECIAL BAKED POTATOES \$5.00	Baked Potatoes include grated cheese and sour cream ONLY AVAILABLE MONDAYS	HOT FOOD – add sauce 50c each   Large Pie \$4.50   Large Sausage roll \$4.50   Party Pies \$1.50   Chicken, beef, oriental) \$2.50   Cumbed Chicken Tenders \$2.50   Plain Hamburger \$5.50 add cheese \$6.00 \$1.00   Gridled Chicken Tender Roll \$5.50 add cheese \$6.00 \$1.00   Chicken Tender Roll \$5.50 add cheese \$6.00 \$2.50 dt